

Laguna Beach Christian Retreat MENU

Menu

Breakfast #1 Scrambled eggs, bacon, grits, biscuits & gravy

Breakfast #2 Pancakes, syrup, sausage, yogurt

Breakfast #3 French Toast, syrup, sausage, yogurt

(Breakfast also includes assorted cereals, milk, canned pineapples, orange juice & coffee)

Lunch #1 Hamburgers, potato wedges, chocolate chip cookies

Lunch #2 Breaded chicken sandwich, macaroni & cheese, chocolate chip cookies

Lunch #3 Ham or turkey sub sandwich, tater tots, chocolate chip cookies

Lunch #4 Nachos with all the toppings, brownies

(Lunch also includes fruit punch or tea, apple)

Dinner #1 Lasagna made with meat sauce, corn, brownies & ice cream sundaes

Dinner #2 Fried chicken, mashed potatoes & gravy, green beans, peach cobbler & ice cream

Dinner #3 Spaghetti made with meat sauce, corn on the cob, cake & ice cream

Dinner #4 BBQ chicken, baked potatoes, green beans, banana pudding

(Dinners also include salad with ranch dressing, rolls, tea, and punch)

Gluten and Dairy Free Options:

Breakfast Gluten free waffles, gluten free cereal, soy milk

Lunch Gluten free buns, gluten free cookies, un-breaded chicken breast

Dinner Gluten free spaghetti, gluten free cookies, baked chicken, non-dairy salad dressing